



Regulatory Control and Current Challenges of use of medical radioisotopes in Italy

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CHAPTER X
FINAL PROVISIONS

Article 106

Transposition

1. Member States shall bring into force the laws, regulations and administrative provisions necessary to comply with this Directive by **6 February 2018**.

Supplemento ordinario alla "Gazzetta Ufficiale", n. 201 del 12 agosto 2020 - Serie generale

Spediz. abb. post. - art. 1, comma 1
Legge 27-02-2004, n. 46 - Filiale di Roma



PARTE PRIMA

Roma - Mercoledì, 12 agosto 2020

SI PUBBLICA TUTTI I
GIORNI NON FESTIVI

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DECRETO LEGISLATIVO 31 luglio 2020, n. 101.

Attuazione della direttiva 2013/59/Euratom, che stabilisce norme fondamentali di sicurezza relative alla protezione contro i pericoli derivanti dall'esposizione alle radiazioni ionizzanti, e che abroga le direttive 89/618/Euratom, 90/641/Euratom, 96/29/Euratom, 97/43/Euratom e 2003/122/Euratom e riordino della normativa di settore in attuazione dell'articolo 20, comma 1, lettera a), della legge 4 ottobre 2019, n. 117.

	Directive 2013/59 Euratom	D. Lgs. 101/2020
# of articles	109	245
# of annexes	19	37
# of tables	3	17
# of pages	73	348

Title VII

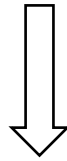
Licensing regime and provisions for radioactive waste

Article and title	Referring article in EU Directive
Art. 46: Notification	Art. 25
Art. 47: exemption from notification	Art. 26
Art. 48: ionizing sources registry	Art. 85 – Art. 88
Art. 49: recognised sources registry	Art. 27
Art. 50: licensing and practice authorization	Art. 24 - Art. 28 – Art. 29
Art. 51: licensing cat. A	Art. 24 - Art. 28 – Art. 29
Art. 52: licensing cat. B	Art. 24 - Art. 28 – Art. 29
Art. 53: cessation of practice	
Art. 54: release from regulatory control	Art. 30 – Art. 65 – Annex VII
Art. 55: Waste with other hazardous characteristics	
Art. 56: radioactive waste collection and transport activities	
Art. 57: shipments, imports and exports of radioactive waste and exhausted nuclear fuel	
Art. 58: specific provisions on shipments of exhausted fuel and radioactive waste for disposal	
Art. 59: licensing of temporary storage facilities or radioactive waste management facilities	
Art. 60: data reporting requirements	
Art. 61: suspension and revocation of authorization measures	

Graded approach to regulatory control

Notification: For radioimmunoassay laboratories (RIA): ^{125}I , ^3H

Licensing: Category A
Category B } Mandatory for patient's administration with radiopharmaceuticals



Nuclear Medicine Practice are always Cat A or Cat B

Radioisotopes for medical use

Radioisotope	Activity concentration (KBq/Kg)	Activity (Bq)	Use
^{99m}Tc	10^2	10^7	nucl. medicine/diagn.
^{123}I	10^2	10^7	nucl. medicine/diagn.
^{131}I	10^2	10^6	nucl. medicine/diagn&therapy
^{67}Ga	1	10^4	nucl. medicine/diagn.
^{111}In	10^2	10^6	nucl. medicine/diagn.
^{18}F	10	10^6	PET
^{11}C	1	10^4	PET
^{13}N	1	10^4	PET
^{64}Cu	10^2	10^6	PET
^{68}Ga	1	10^4	PET
^{90}Y	10^3	10^5	nucl. medicine/therapy
^{177}Lu	10^3	10^7	nucl. medicine/therapy
^{223}Ra	1	10^5	nucl. medicine/therapy

Notification: activity values > this table

Licensing cat A: times
 - instant activity values > 10^6 this table;
 - annual activity values > 50×10^6 times this values
 - National authorization

Licensing cat B: times
 - instant activity values > 10^3 this table;
 - annual activity values > 50×10^3 times this values
 - Local authorization

Art. 54 – Clearance from regulatory control

With the old radiation protection law, there was a limit of **< 1Bq/g** for the clearance in exemption for radioactive waste (solid, liquid and gases) of radionuclides with a half life < 75 days.

Legislative Decree 101/2020 introduced permitted clearance levels for solid waste and demonstration of radiological non-relevance for liquid and aeriform waste.

Solid waste

Licensing with permitted levels.

- If required levels are below values of table I-1B => no additional statements
- If required levels are higher than values of table I-1B => the hospital must demonstrate the radiological non-relevance of the discharge.

Liquid and aeriform waste

The hospital must demonstrate the radiological non-relevance of discharges to the environment by proposing an appropriate discharge formula

Hospitals have time until next August (2 years from the decree) to ask the conversion of authorization under the new decree.

Art. 54 – Clearance from regulatory control of solid waste

Table I-1B extract

Radioisotope	Activity concentration (KBq/Kg)
^{99m}Tc	1
^{123}I	1
^{131}I	1
^{67}Ga	1
^{111}In	1
^{18}F	1
^{11}C	1
^{13}N	1
^{64}Cu	1
^{68}Ga	1
^{90}Y	1
^{177}Lu	1
^{223}Ra	1

Solid waste

Licensing with permitted levels.

- If required levels are below values of table I-1B => **no additional statements**
- If required levels are higher than values of table I-1B => the hospital must demonstrate the radiological non-relevance of the discharge.



Radiometric control of solid waste bins

- Each bin produced in nuclear Medicine is controlled
- Measures below background levels guarantee the absence of activity and the respect of table I-1B values.

However, some bins from inpatient wards may escape radiometric control and arrive at the incinerator!

Art. 54 – Clearance from regulatory control of solid waste

It is reasonable to assume that a fraction of 10^{-4} and 10^{-6} of the total activity received in a year for diagnostic and therapy radionuclides, respectively, escapes radiometric control and is sent to the incinerator.

Activity released into the environment generates dose to the population.

The hospital must demonstrate the radiological non-relevance of the release, that means a dose to representative person $\leq 10 \mu\text{Sv}$.

$$\sum_i^n E_i < 10 \mu\text{Sv} \rightarrow \sum_i^n (C_{ia} \times SF_{ia}) \times 10^6 \leq 10 \mu\text{Sv}$$

Where:

E_i = effective dose from the i-th radionuclide

C_{ia} = Average concentration of the i-th radionuclide at the point of release to the environment (Bq/m^3)

SF_{ia} = screening factor of the i-th radionuclide in air $\text{Sv Bq}^{-1} \text{m}^3$

f = fraction of time the wind is blowing toward the receptor (standard value = 0,25)

Q = activity emission rate (Bq/s)

P = gaussian diffusion coefficient (m^2), st. value at 100 m = 10^{-5}m^2

u = wind speed (m/s) (standard value = 2 m/s)

$$C_{ia} = \frac{f \times Q \times P}{u}$$

NCRP REPORT No. 123 I

SCREENING MODELS FOR
RELEASES OF RADIONUCLIDES
TO ATMOSPHERE, SURFACE
WATER, AND GROUND

NCRP

Art. 54 – Clearance from regulatory control of solid waste

Effective dose due to activity that escapes the radiometric controls from the hospital.

Isotope	licensed/injected activity	disposed activity (x 10 ⁻⁴ D ; x 10 ⁻⁶ T)	Q = disposed activity rate	C _{ia} = activity conc. at receptor point	Screening Factor	Effective dose
	Bq/year	Bq/year	Bq/sec	Bq/m ³	Sv/Bq/m ³	μSv/year
^{99m} Tc	7,4E+12	7,4E+08	2,3E+01	2,9E-05	1,6E-06	4,7E-05
¹⁸ F	1,1E+14	1,1E+10	3,5E+02	4,4E-04	4,1E-06	1,8E-03
¹²³ I	7,7E+10	7,7E+06	2,4E-01	3,1E-07	7,6E-06	2,3E-06
¹³¹ I	6,4E+10	6,4E+04	2,0E-03	2,5E-09	2,8E-02	7,1E-05
¹⁷⁷ Lu	1,5E+12	1,5E+06	4,8E-02	5,9E-08	1,5E-04	8,9E-06
⁹⁰ Y	3,0E+11	3,0E+05	9,5E-03	1,2E-08	2,8E-04	3,3E-06
Total effective dose (μSv/year)						1,9E-03

$$C_{ia} = \frac{f \times Q \times P}{u}$$

$f = 0,25$
 $P = 10^{-5} m^{-2}$
 $u = 2 m/s$



<< 10 μSV

Art. 54 – Clearance from regulatory control of liquid effluents

Liquid and
aeriform waste

The hospital must demonstrate the radiological non-relevance of discharges to the environment by proposing an appropriate discharge formula

Sources of radioactive liquid effluent:

- 1) outpatients who perform examinations in nuclear medicine and then go back to their homes (fraction of activity in the NM diagnostic tanks);
- 2) inpatients who perform examinations in nuclear medicine and then return to the ward (fraction of activity in the NM diagnostic tanks and a fraction directly into the hospital sewer);
- 3) inpatients who receive nuclear medicine treatments in shielded rooms with dedicated tanks.
- 4) outpatients who receive treatments in nuclear medicine and after some hours go back to their homes (fraction of activity in the NM diagnostic tanks)

There are two possible scenarios:

- 1) release into surface water (river, lake, sea, etc)
- 2) release to a sewage treatment plant

Art. 54 – Clearance from regulatory control of liquid effluents

The effective dose to the representative person due to the discharge of radioactive effluents in the environment must be $< 10 \mu\text{Sv}/\text{year}$.

$$H = \sum_i^n Q_i \times SF_i \leq 10 \mu\text{Sv}$$

Where:

Q_i = concentration in fresh water of i-th isotope activity discharged (source term) (Bq/m^3)

SF_i = dose screening factor (depend on the discharge pathway) ($\text{Sv}/\text{Bq}/\text{m}^3$)

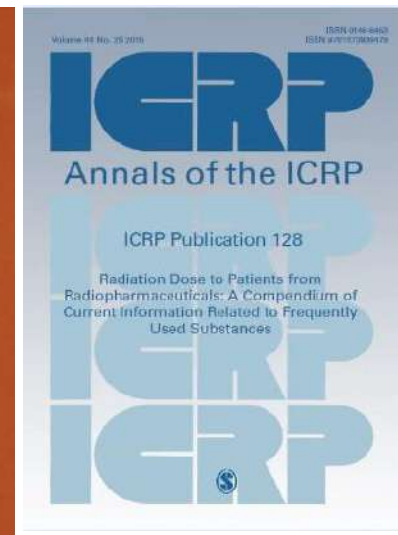
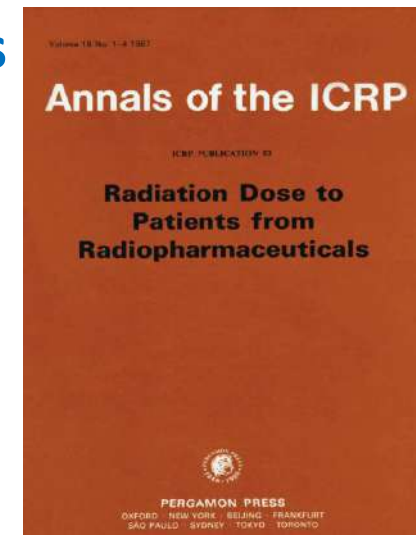
There are two possible scenarios:

- 1) discharge into surface water (river, lake, sea, etc)
- 2) discharge to a sewage treatment plant

Art. 54 – Clearance from regulatory control of liquid effluents

Activity released in the environment depends on:

- Total activity injected to patients
- Fraction of activity excreted with urine
- Fraction of activity intercepted by tanks
- Fraction of activity discharged directly into hospital sewer (fraction of inpatients)



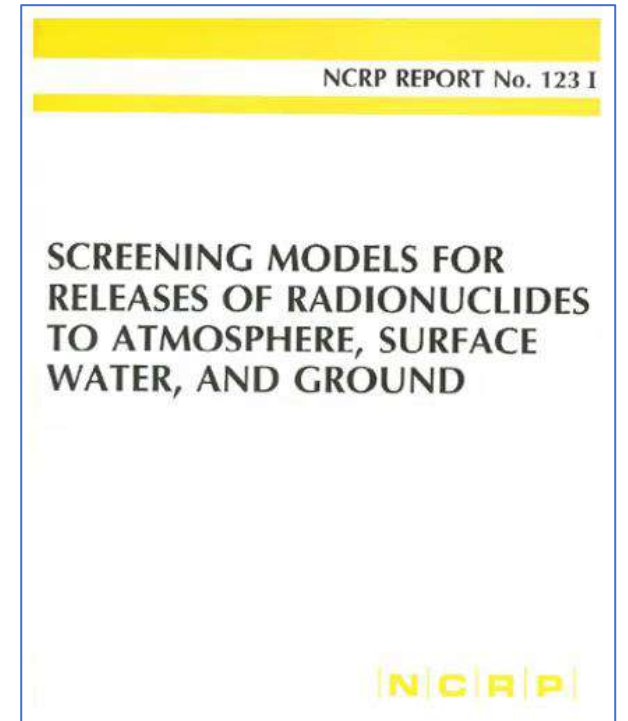
Radionuclide	tracer	half life (h)	time in NM division (h)	A	B	C	D = B x C	E = A x C	F = D - E	G = F x f	H = F - G	I = E x DF	L = G + I	f
				fraction f of activity released in NM	total excreted fraction of activity f(∞)	Total injected activity (Bq/year)	Total excreted activity (Bq/year)	Total activity released in NM tanks (Bq/year)	Total activity not intercepted by NM tanks (Bq/year)	Activity released in sewer by inpatients in ordinary wards (Bq/year)	Activity released in sewer outside the hospital (Bq/year)	Activity released in sewer after decay in NM tanks (7 days) (Bq/year)	Total activity released in sewer by hospital (Bq/year)	fraction of inpatients
^{99m} Tc	DTPA	6,02	2,00	51%	78%	7,4E+12	5,8E+12	3,8E+12	2,0E+12	4,0E+11	1,6E+12	1,5E+04	4,0E+11	0,20
¹⁸ F	FDG	1,83	2,00	13%	15%	1,1E+14	1,7E+13	1,4E+13	2,2E+12	4,4E+11	1,8E+12	3,3E-15	4,4E+11	0,20
¹²³ I	DATSCAN	13,20	4,00	11%	33%	7,7E+10	2,5E+10	8,5E+09	1,7E+10	3,4E+09	1,4E+10	1,2E+06	3,4E+09	0,20
¹³¹ I	iodide	192,00	3,00	9%	54%	6,4E+10	3,5E+10	5,8E+09	2,9E+10	2,9E+08	2,9E+10	3,1E+09	3,4E+09	0,01
¹⁷⁷ Lu	PSMA	160,80	6,00	67%	96%	1,5E+12	1,4E+12	1,0E+12	4,2E+11	4,2E+09	4,2E+11	4,9E+11	4,9E+11	0,01
⁹⁰ Y	microspheres	64,00	0,00	0%	0%	3,0E+11	6,0E+06	0,0E+00	6,0E+06	6,0E+06	0,0E+00	0,0E+00	6,0E+06	1,00

↓
Q_i

Art. 54 – Clearance from regulatory control of liquid effluents

Scenario 1) release of activity into surface water

Radionuclide	Total activity released in sewer by hospital (Bq/year)	Total activity released in sewer by hospital (Bq/s)	Activity conc. under conditions of complete mixing and river flow = 20 m ³ /s (Bq/m ³)	Fresh water screening factors (Sv/Bq/m ³)	Effective dose (μSv/year)
^{99m} Tc	4,0E+11	1,3E+04	6,3E+02	3,3E-11	2,1E-02
¹⁸ F	4,4E+11	1,4E+04	7,0E+02	1,4E-10	9,8E-02
¹²³ I	3,4E+09	1,1E+02	5,4E+00	2,2E-10	1,2E-03
¹³¹ I	3,4E+09	1,1E+02	5,4E+00	8,6E-08	4,7E-01
¹⁷⁷ Lu	4,9E+11	1,6E+04	7,8E+02	1,3E-09	1,0E+00
⁹⁰ Y	6,0E+06	1,9E-01	9,5E-03	3,8E-09	3,6E-05
Total effective dose (μSv/year)					1,61



➔ < 10 μSV

Art. 54 – Clearance from regulatory control of liquid effluents

Scenario 2) release to a sewage treatment plant: evaluation of the effective dose to workers as representative individuals in the population

$$C_i = \frac{Q_i * D_i}{S} \implies \text{Activity conc. in wet sludge (Bq/Kg); sludge density } 1600 \text{ Kg/m}^3$$

$$D_i = \frac{1 - e^{-\lambda_i * 20}}{\lambda_i * 20} \implies \text{Decay factor for 20 days of sludge manipulation}$$

$$S = \frac{B * P}{0.05} \implies \text{Kg of producted sludge: } P = \text{kg of sludge/person, } B = \text{n. of people}$$

$$E_i = C_i * DF_i * O_f$$

DF_i = dosimetric coefficient ((Sv/y)/(Bq/kg))

O_f = occupational factor = 2000 h / (365x24)h = 0,228

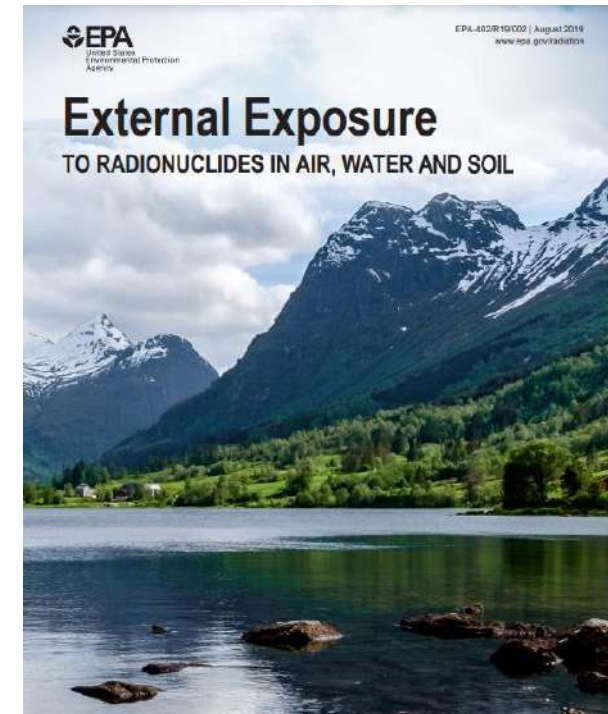
Art. 54 – Clearance from regulatory control of liquid effluents

release to a sewage treatment plant

Radionuclide	λ (d ⁻¹)	D	Total activity released in sewer by hospital (Bq/year)	Total activity released in sewer by hospital (Bq/s)	Ci (Bq/kg)	DFi (Sv/y/(Bq/kg))	μ Sv/y
^{99m} Tc	2,8	0,02	4,0E+11	1,3E+04	1,8E+01	1,4E-07	5,7E-01
¹⁸ F	9,1	0,01	4,4E+11	1,4E+04	6,1E+00	1,5E-06	2,0E+00
¹²³ I	1,3	0,04	3,4E+09	1,1E+02	3,4E-01	1,8E-07	1,4E-02
¹³¹ I	0,1	0,48	3,4E+09	1,1E+02	4,1E+00	5,5E-07	5,1E-01
¹⁷⁷ Lu	0,1	0,42	4,9E+11	0,0E+00	5,2E+02	4,7E-08	5,6E+00
⁹⁰ Y	0,3	0,19	3,0E+08	9,5E+00	1,4E-01	1,1E-07	3,7E-03
Total effective dose (μSv/year)							8,70



< 10 μ Sv



Clearance from regulatory control of liquid effluents: release formula

Based on the considerations made and the scenario considered, it is possible to calculate for each radionuclide the value of A_{\max} (Bq) that implies a committed effective dose of 10 μSv for the representative individual in the population.

This value is provided by the following release formula:

$$\sum_i \frac{A_i}{A_{i,10\mu\text{Sv}}} < 1$$

Where:

A_i = annual activity of the i-th radionuclide released into the environment directly from the hospital (Bq/year)

$A_{i,10\mu\text{Sv}}$ = activity of the i-th radionuclide that can result in an annual effective dose to the representative population individual of 10 μSv .

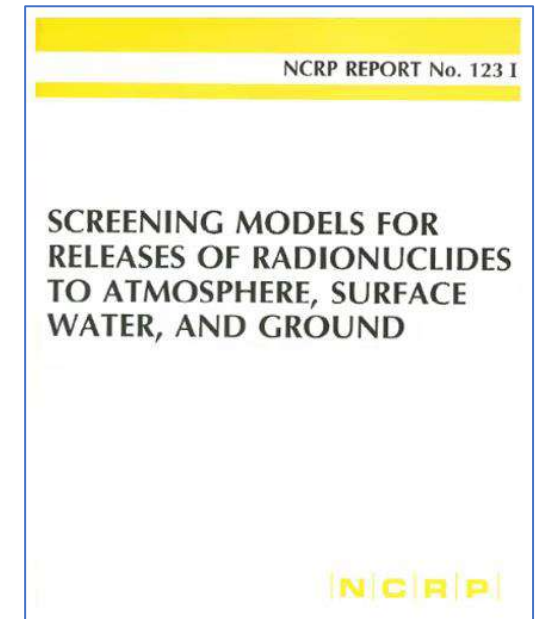
Radionuclide	$A_{i,10\mu\text{Sv}}$ (Bq/y)
$^{99\text{m}}\text{Tc}$	6,99E+12
^{18}F	2,17E+12
^{123}I	2,48E+12
^{131}I	6,71E+10
^{177}Lu	8,79E+11
^{90}Y	8,04E+11

Art. 54 – Clearance from regulatory control of gaseous effluents

Release of radioactive gases in the atmosphere from Hospitals is not negligible only if there is an onsite cyclotron for the radioisotopes production fro PET applications.

If there is the cyclotron is convinient to have an air extraction system that pushes air from the hot cells, cyclotron vault and radiopharmacy rooms into the air compressing system, for storage and decay.

	A	SFin	SFp+g	C<100	D<100
Radioisotope	activity released in the environment (Bq/y)	SFinal (μSv/(Bq/m3))	SFplume+ground (μSv/(Bq/m3))	activity conc. at d < 100 m (Bq/m3)	Effective dose [μSv]
⁴¹ Ar	8,3E+09		1,5E+00	1,4E+00	2,1E+00
¹⁸ F	7,0E+08	1,8E-01	3,9E+00	1,2E-01	4,8E-01
Total effective dose (μSv/year)					2,6E+00



*... please...
I just know what I've already
said... don't ask me difficult
questions...*



GRAZIE!!!!